

OFFICE 2.0

UNVEILING TOMORROW'S
WORKSPACES



Harmonising work and wellbeing:

Navigating the future of work
through employee experience,
office design and the power
of food.

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FOREWORD

Dr Audrey Tang

One of the biggest problems business psychologists face is...

workshops, lunchtime yoga, stress busting apps... much of which I can (and do) contribute to. But let's take a practical approach for a moment – if someone falls down a hole, the organisational response is to fix the hole – not teach people to “walk around holes better” or “learn to climb out faster”. Scholes (2023) points out that an organisationally driven “Psychosocial Safety Climate” – akin to the practical “Health and Safety at work” approach (of which personal and individual initiatives can fall within, is likely to better promote and sustain wellbeing.) This means taking a much

when there are mental health concerns, it is the individual incentives that are stepped up; “Build your Resilience”

more systemic approach to mental and emotional health and fitness.

Organisations need to ask – looking at their wellbeing strategy (and employee engagement with it), their overall design and demands, the tools or technology available to do all aspects of the job well – is this conducive to good health?... and if not what can we do about it?

The value of the workplace to wellbeing

“Having a job is good for our health” (Duncan Selbie, Chief Executive for Public Health England, 2018). We spend 1/3 of our day at work giving the workplace huge potential to be

a space to maximise positive affect - it is where we get the chance for recognition, praise and growth, as well as where we form friendships.

Waddell and Burton (2006) of the Department for Work and Pension add “...work is generally good for physical and mental health and wellbeing...[it] can be therapeutic and can reverse the adverse health effects of unemployment...”

Work is a place which thrives when those performing within it thrive – and while physical health and safety may be at the forefront of organisational thinking post pandemic, let that be the catalyst to extend the reach to a much broader psychological health and safety approach too.

What environment will make us well?

Dr Audrey Tang is a Chartered Psychologist (CPsychol) and award-winning author with a focus on practical self improvement. She hosts the ‘Retrain Your Brain for Success’ podcast, along with appearing on ‘The Wellbeing Lounge’ on NLiveRadio, ‘Psych Back to Basics’ on DisruptiveTV, and was the resident psychologist on Channel 4’s ‘Don’t Diet Lose Weight’ She also offers expert comment as a psychologist spokesperson through TV, radio and published media, representing a number of brands in wellbeing campaigns.

Scholes K (2023) Introducing Psychosocial Safety Climate (PSC) Coaching: A guide to PSC for coaches working to improve wellbeing and productivity in organisations. (In press)

Selbie D (2018) cited in Williams R (2018) How is work good for our health? <https://www.health.org.uk/infographic/how-is-work-good-for-our-health> (accessed October 2023)

Waddell G, Burton AK, Department of Work & Pensions (2006) Is Work Good for your Health and Wellbeing?, The Stationery Office



INTRODUCTION

Over the last five years, the office landscape has undergone a profound transformation, shaped by an amalgamation of factors, most notably the seismic impact of the COVID-19 pandemic. This period has seen a shift in the very essence of office environments, influencing office attendance patterns, expectations of what an office should look like and how leaders should provide for their workforce.

The COVID-19 pandemic catalysed a swift and dramatic change in how businesses approached office attendance. Remote work became a norm rather than an exception, forcing companies to reassess the necessity of physical office spaces. London, a bustling

hub of commerce, felt the reverberations keenly. The once-crowded offices emptied, and digital connectivity became the lifeline for businesses to survive. Many companies embraced hybrid work models, allowing employees to split their time between remote and in-office work.

The pandemic-induced remote work trend reshaped the demand for commercial spaces in London. The city witnessed a fluctuating real estate market, with a decrease in demand for traditional office spaces and an uptick in flexible, coworking spaces. Businesses sought cost-effective solutions, leading to a surge in popularity for serviced offices and shared workspaces. This shift compelled





property developers to innovate, offering more flexible lease terms and adaptable spaces to cater to the evolving needs of businesses.



‘80%...considered wellbeing programs a crucial part of their employment.’

Workplace wellbeing has emerged as a paramount concern for organisations globally. Surveys conducted by renowned institutions such as Gallup and Deloitte indicate a

paradigm shift, with a substantial increase in companies prioritising employee mental health and physical wellness. According to Gallup's State of the Global Workplace report, companies fostering a positive workplace culture experienced 21% higher profitability. Deloitte's Global Human Capital Trends survey highlighted that 80% of respondents considered wellbeing programs a crucial part of their employment proposition. These findings underscore a fundamental change in corporate priorities, emphasising the pivotal role of workplace wellbeing in enhancing employee satisfaction, productivity, and overall business success.

Over the years, the office landscape still continues to evolve. The hybrid work

model, embraced during the pandemic, continues to persist, with offices becoming collaborative hubs rather than places for daily commuting. Remote work should be seamlessly integrated with in-person collaboration, emphasising the need for flexible and adaptable office spaces. The city's office market is likely to see a resurgence, albeit with a greater focus on the quality, flexibility, and sustainability of spaces. The lessons learned during the pandemic have ushered in an era of innovation, where businesses are not just adapting but thriving in the face of change.

WORKPLACE WELLBEING:

A Cornerstone of Future Offices

Workplace wellbeing, once a peripheral concern, has become a central focus in modern organisational strategies, profoundly influencing employee health, satisfaction, and overall productivity. Defined as the “integration of physical, mental, and social health factors within the working environment”, workplace wellbeing aims to create a harmonious balance that nurtures employees’ overall welfare. Over the last five years, and particularly in the aftermath of the COVID-19 pandemic, the significance of workplace wellbeing has undergone a dramatic evolution, reshaping corporate landscapes globally.

Defining workplace wellbeing

Workplace wellbeing encompasses a multifaceted approach to employee welfare. It goes beyond traditional healthcare benefits, incorporating mental health support, work-life balance, physical wellness initiatives, and a positive workplace culture. Mental health resources, stress management programs, flexible work arrangements, and inclusive policies are integral components, fostering an environment where employees can thrive both personally and professionally.

How has this evolved?

The past five years have witnessed a paradigm shift in how employers perceive

and prioritise the wellbeing of their workforce. According to the World Economic Forum, employee wellbeing is now regarded as a crucial indicator of a company's success. This shift is substantiated by surveys like the Mercer's Global Talent Trends report, which found that 80% of organisations worldwide were enhancing their wellbeing programs post-pandemic. The pandemic acted as a catalyst, emphasising the need for robust mental health support, remote work policies, and initiatives promoting a healthier work-life balance.

The pandemic significantly accelerated the prioritisation of workplace wellbeing. Remote work, while providing flexibility, also blurred



the lines between professional and personal life, necessitating a more empathetic approach from employers. A study by Harvard Business Review indicated that 85% of employees experienced increased stress during the pandemic, prompting companies to invest in mental health resources and wellness programs. Moreover, the pandemic amplified the importance of health and safety measures in physical workplaces, with companies revamping office designs, introducing sanitation protocols, and

prioritising employee comfort to ensure a safe return to offices.

The significance of workplace wellbeing is deeply intertwined with employee satisfaction and productivity. Research from Gallup showcased that highly engaged teams showed 21% higher profitability, emphasising the direct correlation between employee wellbeing and business success. Furthermore, a study by Deloitte revealed that companies with a strong focus on employee wellbeing experienced 3.5 times higher revenue growth compared to their counterparts. These statistics underscore the pivotal role of workplace wellbeing in fostering a motivated, satisfied workforce, leading to increased productivity and innovation.

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‘21%
of highly engaged teams
showed higher profitability’

Employee health plays a pivotal role in determining job satisfaction and staff retention within any organisation.

Positive impacts of good health are multifaceted. Physically and mentally healthy employees are more likely to be satisfied with their jobs, as they can perform their tasks effectively and experience a higher sense of accomplishment. A study by Harvard Business Review found that companies with wellness programs reported higher levels of job satisfaction among employees, leading to improved retention rates.

Conversely, poor employee health can lead to negative outcomes. Chronic illnesses,





stress, or burnout can reduce job satisfaction significantly. Unhealthy employees often face difficulties in meeting job demands, leading to frustration and dissatisfaction. This dissatisfaction, if prolonged, can result in increased staff turnover. The American Psychological Association notes that employees experiencing chronic work stress are more likely to leave their jobs, causing high turnover rates and disrupting team dynamics.

Implementing successful strategies

Creating a workplace that prioritises the mental and physical health of its employees is essential for fostering a positive and productive work environment. Successful companies have implemented a variety of strategies to enhance workplace wellbeing,

resulting in improved mental health, job satisfaction, and retention rates.

Promoting a Supportive Work Environment

One effective strategy involves implementing Employee Assistance Programs (EAPs) offering counselling and mental health support. Google's gPause program stands out as a prime example. By providing mindfulness and meditation sessions, Google is able to further support its employees' mental health while also reducing stress and fostering a sense of community.

Work-Life Balance and Flexible Policies

Recognising the importance of work-life balance, many companies are offering

flexible work hours and remote work options as standard. Companies like Shopify have successfully implemented remote work policies, allowing employees to work from anywhere. By providing the necessary tools and technology, Shopify enables its workforce to choose their ideal work environment, whether it's in the office, from home, a co-working space, or even while travelling. This approach not only promotes work-life balance but also enhances employee satisfaction and productivity.

Physical Wellbeing Initiatives

Encouraging physical activity is another pivotal aspect of employee wellbeing. Many organisations provide access to fitness facilities or subsidised gym memberships. Accenture, for instance, engages employees with fitness challenges and rewards,

thereby enhancing physical health and overall wellness.

Creating Inclusive and Diverse Workplaces

Inclusivity is crucial for mental health. Implementing diversity and inclusion training programs fosters a sense of belonging. Microsoft, through its diversity initiatives, has created a workplace culture where employees feel more valued, leading to improved mental health and job satisfaction.

Encouraging collaboration and community

When employees feel a stronger sense of community in the workplace, they often experience an increase in emotional support. This support network can come from



2 out of 3

employees believes that eating together as a team develops great company culture.

colleagues, supervisors, or even the organisation as a whole. In a close-knit community, employees are more likely to share their challenges and concerns openly. Colleagues offer a listening ear, provide advice, and show empathy, creating a supportive environment. This emotional support system acts as a buffer against stress and workplace pressures, significantly enhancing overall employee wellbeing. Food can be a simple





yet effective way to help foster these bonds - over 2 out of 3 employees believes that eating together as a team develops great company culture.

Recognition and Appreciation

Regular recognition of employee achievements and milestones significantly contributes to mental wellbeing. Companies like Starbucks have implemented programs such as “Bean Stock,” granting stock options to employees. Such gestures not only recognize their contributions but also enhance their sense of value within the organisation.

Training Managers and Leadership

Equipping managers with the skills to recognise signs of mental health issues and provide support is fundamental. Leadership training programs,

like those at Unilever, focus on empathy and emotional intelligence. These programs ensure that managers lead by example, fostering a supportive environment that values the mental health of its workforce.

Incorporating these strategies creates a workplace culture that values the holistic wellbeing of its employees. By drawing inspiration from real-life examples, organisations can develop supportive environments that not only enhance mental health but also lead to increased job satisfaction and retention. In such workplaces, employees are not just assets; they are valued individuals whose wellbeing is a priority, resulting in a positive ripple effect across the entire organisation.

¹ *State of the Global Workplace: 2023 Report Gallup*

² *Global Human Capital Trends, Deloitte*

³ *Global Talents Trend study, Mercer*

⁴ *Harvard Business Review*

⁵ *State of the Global Workplace: 2023 Report Gallup*

⁶ *Just Eat for Business YouGov survey 2019*

CHANGING EXPECTATIONS

The traditional office, a once well-known and standardised environment, has changed significantly over the last few years.

The growing need for flexibility has meant that businesses need to get creative with how they are utilising their brick-and-mortar workspaces. Making the office a place people want to visit instead of having to visit is crucial. But what do people want out of their in-office experience?

Over the last three years, there has been a notable shift in people's expectations of what the office should provide, driven by changing work dynamics and a focus on employee satisfaction. Collaboration

spaces have become a priority, as businesses recognize the value of face-to-face interaction for creativity and teamwork - with 88% of employees viewing collaboration with colleagues as best-done in the office. Employees now expect designated areas within the office that foster collaboration, idea exchange, and spontaneous discussions, encouraging innovative thinking and problem-solving.

Hot-desking, another evolving trend, reflects the desire for flexibility. Employees no longer expect fixed workstations; instead, they prefer the freedom to choose their workspace based on the task at hand, enhancing adaptability and promoting a



77%

of office workers believes the social aspect & sense of community is the best part of being in the office.

more dynamic work environment. Flexible working arrangements, including remote work options, have become an expectation rather than a perk, providing employees with a better work-life balance. However, although hybrid





working has become much more standardised than pre-pandemic, there is still a desire, expectation and need for a physical office environment - 77% of office workers believes the social aspect & sense of community is the best part of being in the office.

Workplace perks, such as free meals and snacks, have also gained significance in recent years. Employees view these amenities as indicators of a company's commitment to their well-being and job satisfaction. According to a recent survey conducted by Just Eat Takeaway.com, 73% of employees believe work perks contribute to their health and wellbeing and 2 out of 3 employees appreciate their employers more when offered free workplace perks. Workplace perks can significantly influence job decisions and contribute to a positive office culture. As a result, these perks have transitioned from being exceptional benefits to expected

offerings in contemporary workplaces, shaping employees' expectations and perceptions of their ideal work environment.

The evolving landscape of work has seen a significant paradigm shift in the priorities of office workers. The importance placed on work-life balance, flexible working arrangements, and inclusivity initiatives has never been more crucial. Several factors, including advances in technology and the aftermath of the COVID-19 pandemic, have propelled these changes, shaping the expectations of the modern workforce.

The traditional 9-to-5 workday is giving way to a more nuanced understanding of work-life balance. Employees are now valuing their personal time and well-being as much as their professional commitments. 30% of employees find maintaining a healthy work-life balance the most-stressful aspect of working life. With

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the boundary between work and personal life becoming increasingly blurred, people are seeking workplaces that respect their time outside of work hours. Research by the UK's Health and Safety Executive (HSE) highlights the importance of work-life balance in employee well-being, emphasising the need for employers to address this aspect for enhanced job satisfaction and productivity.

Inclusivity initiatives have gained immense importance as the UK workforce becomes more diverse. Employees are seeking workplaces where they are valued for their unique perspectives and experiences. Companies are investing in diversity and inclusion programs, recognizing the wealth of ideas and innovation that a diverse workforce brings. The Equality Act 2010 in the UK mandates equal treatment in employment, underlining the legal framework that supports inclusivity. Surveys by organisations like Stonewall and Race for Opportunity indicate that inclusive workplaces not only enhance employee well-being but also contribute significantly to talent retention and organisational success.

The evolving expectations of office workers in the UK reflect a broader trend toward a more humane, inclusive, and accommodating work environment. Employers who listen to what their employees want are not only

meeting the expectations of their workforce but also positioning themselves as employers of choice in the competitive job market, ultimately fostering a happier, more engaged, and productive workforce. Understanding that employees have different needs and expectations, and being adaptable to them, allows for a more inclusive culture that will accommodate a diverse workforce. For many organisations, therein lies the gap between what business leaders perceive to be important and what employees actually value.

According to a recent Just Eat for Business survey, 88% of office workers believe it's important for all employees to be able to influence workplace culture.

⁷ Just Eat for Business Office Culture report 2023

⁸ Just Eat for Business Office Culture report 2023

⁹ Benefits of perks at work, JET 2023

¹⁰ Stress & the workplace, Just Eat for Business 2023





DESIGNING FOR THE FUTURE

Office designs have recently undergone a transformative journey, aiming to enhance employee engagement and productivity. This evolution has focused on creating spaces that prioritise ergonomics, inclusivity, flexibility, and environmental factors, all of which profoundly impact the way employees work and collaborate.

Ergonomic office spaces, tailored to support the physical well-being of employees, have gained prominence. Ergonomically designed furniture, adjustable desks, and supportive chairs have become standard to prevent workplace-related health issues. Additionally, inclusivity initiatives have led to the creation of office spaces accommodating employees

of various abilities and backgrounds. Desks at varied heights, wheelchair-friendly layouts, and sensory-friendly spaces ensure that every employee can navigate and work comfortably. According to the American Society of Interior Designers (ASID), inclusive office spaces not only improve job satisfaction but also boost employee morale and collaboration.

Modern office layouts have shifted from fixed workstations to flexible, multi-functional spaces that cater to different tasks and working styles. Collaborative workspaces, equipped with interactive whiteboards, comfortable seating arrangements, and tech-enabled meeting rooms, encourage teamwork



78%

of workers suggest that a hot environment is worse for their productivity than a cold environment would be.

and idea exchange. Additionally, individual workspaces are designed to provide quiet, focused environments. Hot-desking and shared workstations offer employees the freedom to choose their working area based on their tasks, enhancing adaptability and efficiency. This approach aligns with a report by Gartner, which suggests that organisations implementing

flexible workspaces witness a 30% increase in team collaboration. According to a study by Just Eat for Business, UK workers feel the office is the best location for the majority of work tasks, with home only being seen as more suitable for deep work. Leaders should therefore take into consideration how collaborative or independent job roles are when deciding on the right balance of home and office working.

Natural light, ventilation, ambient temperature, and acoustics significantly impact employees' well-being and productivity. Offices are now designed to maximise natural light exposure, reducing reliance on artificial lighting. Studies, such as those by the World Green Building Council, indicate that natural light not only reduces energy costs but also improves sleep quality, mood, and overall health. Adequate ventilation ensures a continuous



supply of fresh air, preventing stuffiness and increasing alertness. Maintaining an optimal ambient temperature is crucial; too hot or too cold environments can lead to discomfort and decreased productivity. In a recent Just Eat for Business study, almost 8 out of 10 workers (78 per cent) suggest that a hot environment is worse for their productivity than a cold environment would be.

Acoustic considerations could involve soundproofing meeting rooms and collaborative spaces, minimising distractions. Research by the Journal of Environmental Psychology highlights that offices with controlled acoustics experience a 40% increase in productivity and employee satisfaction. A recent Just Eat for Business study shows that employees find co-workers'

conversations (15%), social media notifications (14%) and personal phone calls (13%) the biggest distractions throughout the working day. As business leaders, knowing that employees will have focus work to complete at varying times of the work week, designing specific quiet-zone areas in the office, setting up sound-proofed meeting rooms and booths, as well as empowering employees to set boundaries that they are comfortable with can all go a long way to cultivating a workspace where people feel comfortable and productive.

¹¹ *Organisational Culture, Just Eat for Business 2023*



FOOD, THE GREAT FACILITATOR



2 out of 3
employees believe sharing
a meal creates a positive
work culture.

In recent years, the role of food in the work environment has undergone a substantial transformation, reflecting evolving consumer tastes and heightened expectations for quality and variety. Employees no longer view workplace food offerings as mere sustenance; instead,

they expect a diverse menu that caters to various dietary preferences and cultural choices. This shift has propelled companies to invest in innovative food technologies, including mobile apps for seamless ordering, cashless payments, and personalised menus tailored to individual preferences. These advancements not only enhance efficiency but also provide employees with convenient and enjoyable dining experiences. Moreover, the presence of high-quality, diverse food options fosters a sense of community in the office. Shared meals and communal spaces create opportunities for social interaction, encouraging employees from different departments to connect, collaborate, and build relationships - 2 out of 3 employees

believe sharing a meal creates a positive work culture. This communal aspect of dining not only boosts morale but also nurtures a positive company culture, where employees feel valued and interconnected, ultimately contributing to a more vibrant and engaged workplace.

With employees splitting their time between remote work and office attendance, the rigid schedules of traditional canteens no longer align with the flexible working habits prevalent in modern workplaces. People now require adaptable dining options that cater to their varying schedules and locations. Flexibility has become the key, with employees expecting on-demand food





services that can accommodate their hybrid work arrangements. This demand has given rise to innovative solutions, such as pre-ordering meals through services such as Just Eat for Business, grab-and-go snack stations, and including diverse menu options that suit different dietary preferences. Corporate canteens are transforming into agile spaces, offering a mix of freshly prepared meals, delivered-in meals, snacks, and beverages that employees can access conveniently during their office hours. These flexible dining solutions not only cater to the diverse needs of hybrid workers but also enhance their overall workplace experience, ensuring that they have access to nutritious and satisfying meals that complement their adaptable work routines.

In the realm of hybrid working, food serves as a powerful catalyst, drawing people back into the office for collaboration and

social gatherings. All-together days, where employees converge for teamwork and camaraderie, are made significantly more enticing by the prospect of shared meals. Food creates a focal point, encouraging individuals to gather, break bread, and engage in conversations that extend beyond work tasks. Sharing a meal fosters a sense of community, strengthens interpersonal relationships, and revitalises team spirit, especially crucial when remote work can lead to feelings of disconnection.

The aroma of freshly brewed coffee, the shared delight over a delicious lunch, or even a simple snack break can transform an ordinary day into a memorable, collaborative experience. It not only satisfies hunger but also nourishes the bonds between colleagues, enhancing trust, understanding, and cooperation. These informal interactions often lead to

creative brainstorming, idea exchanges, and problem-solving discussions that might not occur through formal meetings alone. Food acts as a social glue, breaking down barriers, building connections, and infusing a sense of belonging, making all-together days a cherished event where colleagues can not only collaborate effectively but also enjoy the warmth of human connection, bridging the gap between the physical and virtual realms of hybrid work.

People now demand more than just sustenance; they expect an effortless, tech-driven experience that aligns with their fast-paced lives. Ease-of-use is paramount – consumers want intuitive mobile apps or online platforms that allow them to browse diverse menus, customise their orders, and complete transactions swiftly, all at their fingertips. Variety is another essential

factor, with customers craving a broad array of options catering to diverse tastes, dietary preferences, and cultural choices.

Moreover, top-quality customer service has become a non-negotiable aspect of the consumer experience. Prompt, friendly, and responsive customer support, integrated within these seamless digital platforms, is crucial. Real-time order tracking, accurate delivery estimates, and swift issue resolution are now expected standards. These expectations stem from the desire for convenience, where consumers, especially busy professionals in office environments, seek hassle-free, reliable food services that enhance their workday rather than disrupt it. As a result, businesses offering an effortless, varied, and excellently serviced digital food ordering experience are meeting these contemporary consumer



demands and building loyal customer bases in the competitive landscape.

In the ever-changing landscape of work, food has proven to be a timeless aspect of office life. However, its role has evolved significantly to align with the shifting expectations and working conditions of modern professionals. Recognized as more than just nourishment, food has become a dynamic tool, enhancing the in-office experience and fostering collaboration and socialisation. Its evolution, from a mere amenity to a pivotal element catering to diverse tastes, flexible schedules, and seamless technology, reflects the changing needs of the workforce. By embracing these changes, businesses are not only satisfying hunger but also enhancing the overall employee experience. Food, in its modern context, exemplifies the adaptability

required in today's workplace, ensuring that employees get the most out of their in-office moments, promoting engagement, and contributing positively to the entire employee journey.

¹²"Is office culture more important than ever?", *Just Eat for Business 2023*

¹³"Bringing the benefits of natural light indoors", *World Green Building Council*

¹⁴*The secret formula to productivity, Just Eat for Business 2023*¹⁰ *Stress & the workplace, Just Eat for Business 2023*

¹⁵"The effect of noise absorption variation in open-plan offices: A field study with a cross-over design", *Journal of Environmental Psychology, 2015*

¹⁶*The secret formula to productivity, Just Eat for Business 2023*

¹⁷"Is office culture more important than ever?", *Just Eat for Business 2023*



FOOD FOR PEOPLE, SOLUTIONS FOR BUSINESS



MATT EPHGRAVE

Managing Director at Just Eat for Business

Workplaces now operate in a very different way to pre-pandemic. Starting with the basic working week – most businesses now adopt a hybrid model and employees split their time between the office and home. Recently, employers have brought more benefits to their workplace offering to encourage staff to come into the office and feel as if it's a place that they want to visit.

Getting together to eat – whether a meal, snack, or treat – gives people more than just the opportunity to mix and mingle. This timeless tradition satisfies our hunger for camaraderie, makes us healthier and happier, and at work, creates more satisfied employees. All resulting in more productive, loyal and creative teams.

We are quickly moving away from eating at our desks by ourselves, towards a place where communal lunches are preferred and many are seeking to reinstate the social aspect that they missed during the pandemic.

As most workers frequent the workplace regularly, even under a hybrid setting, we've seen food acting as a shared experience. Clearly, food is being used to alter the way employees think about work and is proving effective, helping to boost team chemistry and engagement at work.

AboutUs



Who are
we are



We are for clients who see their employees as their most valuable asset and who understand that great food and service will help them perform at their very best. Just Eat for Business provides a solution that delivers the quality, versatility and choice you need to bring your teams and clients together over great food without the expensive overheads.

In the post-pandemic world, the office has evolved into a space that people want to visit - we provide a service that reignites the joys of coming into the office, and reconnecting with your colleagues and peers.



What we do



Just Eat for Business has been created to cater for every single client's environment and needs. Our team of corporate experts work with you to create the perfect bespoke solution using tech-led delivery, highest-quality food partners, data-driven insights and customer-centric account management.

We make it easy for you and your teams to

order and enjoy great food for any occasion in the office or at home.

We don't just deliver great food to your door. We work with our amazing food partners who deliver the very-best coffee bars, pop-ups and hospitality, and manage your day-to-day onsite catering needs on every level. We take the pain away and manage every aspect of your food and beverage needs.



**Food at work
creates**

**a better
business**



70%

of businesses offer secondary benefits
to their employees



2 out of 3

workers appreciate their employer more
when offered work perks



Close to

Three-quarters

of employees believe work perks contribute
to their health & wellbeing

Our mission



Food at work can be an essential benefit to your business - a facilitator of business success and an opportunity cost that can improve your bottom line.

We are for clients who see their employees as their most valuable asset and who understand that great food and service will help them perform at their very best.

We believe that great food and service has the power to transform business success.



Our solutions



The best food, delivered the way you want it. With dedicated support for every order, everyone will get what they love!

Our solutions offer flexibility and choice to you and your teams. Providing a service that not only amplifies the office experience but also delivers a tangible and cost-effective way to motivate and retain your very best talent.

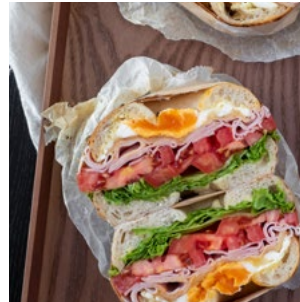
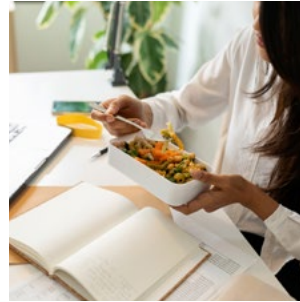
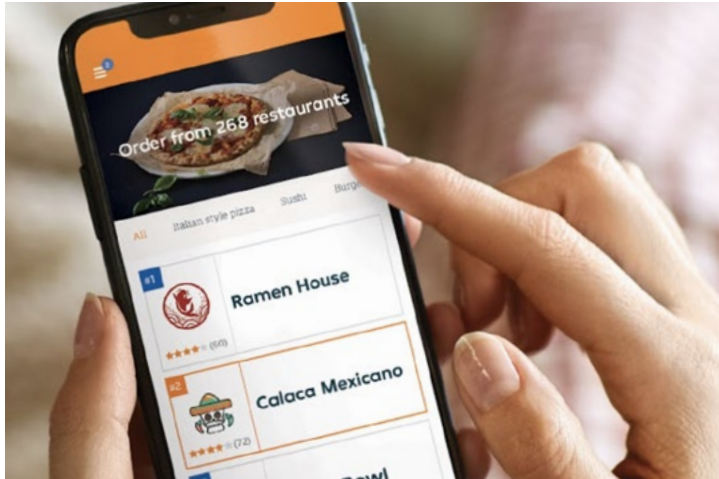
Working with local favourites and high-street brands, whether it's breakfast, lunch or dinner; in the office or at home we have a solution.





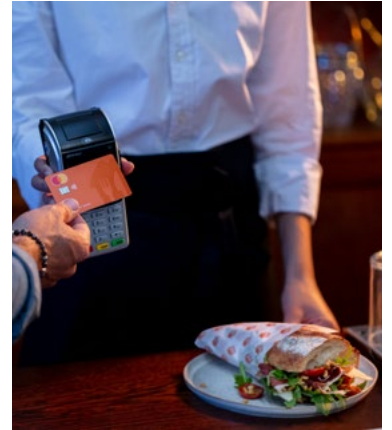
A stress-free way for your teams to select their own meals from your choice of curated restaurants, delivered to the office.







The easiest way to share meal allowances with your employees for them to use in the office, at home or working remotely. From early mornings to working late evenings - easy ordering at any time of the day.







Order food for meetings and work events, or bring the restaurant to the office with street food pop-ups.



A group of four diverse people are sitting at a wooden table outdoors, likely at a cafe or food court. They are engaged in conversation and eating. On the table are several items: a large cup of orange juice, a brown paper cup, a coconut water cup, and other food containers. The background is slightly blurred, showing other people and an outdoor setting. The overall atmosphere is casual and social.

**Feeding your
culture**

**and
collaboration**



of employees who take a proper lunch break feel more refreshed and productive



2 out of 3

employees believe eating lunch together as a team develops great work culture



81%

are more likely to accept a job offer if the company provides free food as a work perk





Get in touch

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